DEPARTMENT OF PHYSICAL EDUCATION & SPORTS SCIENCES

SKVT GOVERNMENT DEGREE COLLEGE, RAJAHMUNDRY

SPORTS, GAMES and YOGA POLICY – 2026–2027

1.7.2026

Academic Year: 2026–2027
Institution: SKVT Government Degree College, Rajahmundry, Andhra Pradesh
Implementing Unit: Department of Physical Education and Sports Sciences & Games & Sports Club

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1. Introduction

Recognizing the importance attached to Sports, Games and Yoga as essential components in the lives of students of higher education, SKVT Government Degree College, Rajahmundry, embarked upon promoting physical fitness, yoga, mental well-being, discipline, teamwork, leadership, sportsmanship, and the overall personality development of students.

The college is committed to providing opportunities for students to participate in indoor and outdoor games, athletic events, inter-collegiate competitions and tournaments, university-level tournaments, state, National and International level and other sporting activities besides forging MoUs and collaborations with various sprots clubs and associations during the academic year 2026–2027.

This policy establishes guidelines for the organization, participation, management, safety, and promotion of sports and games in the college.

2. Vision

To develop a vibrant sports culture that encourages physical fitness, competitive excellence, teamwork, discipline, and holistic student development.

3. Objectives

The objectives of the Sports, Games and Yoga Policy are to:

1. Promote physical fitness, healthy lifestyles, and mental well-being through Yoga, Dhyaana procedures among students.
2. Establish Yoga and wellness Centre to impart training in mental health and well being among students and staff.
3. To impart training for students who appear for uniform based recruitments such as SI, Constable posts, etc.

4. To conduct Conferences, Workshops, Certificate Courses, etc., in Sports, Games and Yoga.
5. Encourage participation in sports and games irrespective of gender, background, or sporting ability.
6. Identify and nurture students with exceptional sporting talent.
7. Provide opportunities for participation in college, inter-collegiate, university, state, and national-level competitions.
8. Develop leadership, discipline, teamwork, fair play, and sportsmanship.
9. Encourage regular physical activity and participation in recreational sports.
10. Ensure safe, inclusive, and accessible sporting facilities.
11. Promote awareness of nutrition, injury prevention, and responsible sporting practices.
12. Support the holistic development of students in accordance with applicable government and university guidelines.
13. To forge MoUs and Agreements with various Sports and Games clubs for mutual benefit.

4. Scope of the Policy

This policy applies to all students enrolled in SKVT Government Degree College during the academic year 2026–2027, subject to applicable eligibility rules.

It covers:

- To establish Sports Club with students, experts and Clubs
- To establish Yoga and Meditation Club
- Indoor and outdoor sports and games.
- Athletics and physical fitness activities.
- Intramural and inter-class competitions.
- Inter-collegiate and university-level competitions.
- Participation in authorized external sporting events.
- Sports training, selection trials, and coaching activities.
- Sports facilities, equipment, safety, and student welfare.
- Yoga and mental wellness training.

5. Sports and Games Offered

The college shall organize or facilitate the following sports and games, subject to the availability of facilities, equipment, qualified personnel, and institutional approval.

Outdoor sports and athletics

- Cricket
- Volleyball
- Kabaddi
- Kho-Kho
- Football
- Badminton
- Athletics, including track and field events

Indoor sports and games

- Chess
- Carroms
- Table tennis, where facilities are available
- Other suitable indoor games approved by the college.

Yoga and Meditation

- Yoga practice sessions
- Certificate Course on Yoga and Meditation

The list may be modified according to student interest, available resources, and the sports calendar prescribed by the affiliating university or competent authority.

6. Sports Committee and Administration

The Principal shall be the overall administrative authority for the implementation of this policy.

A Sports Committee shall function under the supervision of the Principal and shall include the following, as applicable:

1. Principal – Chairperson/overall supervisor.
2. Physical Education Director or designated Sports Coordinator – Convener.
3. Faculty representatives nominated by the Principal.

4. Student sports representatives, where appropriate.
5. Other members nominated by the college for specific activities.

Responsibilities of the Department of Physical Education and Sports Sciences & Sports Club

- Prepare and implement the annual sports calendar.
- Conduct student registration and sports selection trials.
- Organize sports meets, tournaments, and fitness activities.
- Identify talented students and facilitate appropriate coaching.
- Coordinate participation in university and inter-collegiate competitions.
- Maintain sports equipment, stock registers, and facility records.
- Monitor student participation, performance, and achievements.
- Promote equal opportunities and safe participation.
- Recommend expenditure and procurement of sports equipment, subject to approval.
- Prepare annual reports and submit records to the Principal.

7. Student Registration and Selection

1. Interested students shall register for their preferred sports through the designated Physical Education Director or Sports Coordinator.
2. Selection for college teams shall be based on fitness, skill, performance, discipline, attendance at training, and the eligibility criteria prescribed by the relevant competition authority.
3. Selection trials shall be conducted transparently, wherever required.
4. Students shall submit necessary declarations, consent forms, and medical information where required for safe participation.
5. Students participating in university or external competitions must satisfy the eligibility conditions specified by the competent authority.
6. Selected students shall attend scheduled practice sessions and comply with instructions issued by the coaches and authorized officials.

8. Training and Practice

The college shall arrange regular sports practice and coaching sessions, subject to the academic timetable and availability of facilities.

Training activities may include:

- Physical conditioning and fitness exercises.
- Skill development in selected games.
- Team practice and tactical preparation.
- Athletics training and performance improvement.
- Fitness assessments and sports orientation.
- Preparation for inter-collegiate and university competitions.

Practice schedules shall be communicated to students in advance. Sporting activities shall be planned to minimize disruption to regular academic work.

9. Annual Sports Calendar – 2026–2027

The following indicative calendar shall guide the conduct of sports activities. Dates may be adjusted in accordance with the academic calendar, weather conditions, university schedules, and administrative instructions.

Period	Proposed Activity
June–July 2026	Sports policy implementation, student orientation, facility inspection, and registration, subject to the college calendar
August 2026	Team formation, selection trials, and preliminary fitness activities
September 2026	Regular practice, inter-class competitions, and preparation for external tournaments
October 2026	Intramural games and participation in scheduled inter-collegiate events
November 2026	Athletics and team-game competitions, subject to availability and approval
December 2026	Sports awareness activities, fitness programmes, and scheduled tournaments
January 2027	Annual Sports Meet and track and field events, subject to approval

Period	Proposed Activity
February 2027	Inter-class finals, recreational games, and participation in scheduled university competitions
March 2027	Review of achievements, records, equipment, and student participation
April–May 2027	Annual report preparation, performance review, and recommendations for the next academic year

The final dates and events shall be notified by the college. University and inter-collegiate competitions shall be conducted according to the schedules issued by the respective authorities.

10. Annual Sports Meet

The college shall endeavor to conduct an Annual Sports Meet during 2026–2027, subject to administrative approval and availability of resources.

The programme may include:

- Track and field events.
- Team games and individual competitions.
- Indoor games.
- Fitness and recreational activities.
- Prize distribution and recognition of sporting achievements.

Rules, event categories, eligibility, scoring, and prizes shall be announced before the competitions. Fair play and equal opportunity shall be emphasized throughout the programme.

11. Participation in External Competitions

The college shall encourage eligible students to participate in inter-collegiate, university, state, and national-level sports competitions.

The college shall, subject to applicable rules and available resources:

1. Circulate information about authorized competitions.
2. Facilitate selection and registration of eligible students.
3. Issue participation permissions and official letters where required.
4. Coordinate with the affiliating university and competition organizers.

5. Consider travel, accommodation, entry fees, and other permissible expenses in accordance with approved budgets and applicable financial rules.
6. Maintain records of participation, results, certificates, and achievements.

Students shall obtain prior approval before representing the college in official competitions.

12. Attendance and Academic Support

Students participating in approved sports activities shall follow the attendance and academic requirements prescribed by the college and the affiliating university.

Where participation in officially authorized competitions requires absence from classes, students may submit the relevant permission letter or participation certificate for consideration under applicable rules.

Students shall be encouraged to coordinate with their teachers to complete missed academic work, assignments, and assessments.

No attendance exemption or academic concession shall be treated as automatic unless permitted by the applicable regulations.

13. Sports Facilities and Equipment

The college shall endeavor to maintain suitable sports facilities and equipment within available resources.

The following procedures shall apply:

- Sports equipment shall be issued and returned through an authorized person.
- Equipment and facility usage shall be recorded in the appropriate registers.
- Students shall use facilities responsibly and follow safety instructions.
- Damage, loss, or unsafe conditions shall be reported promptly.
- Periodic inspection and maintenance shall be undertaken as necessary.
- Procurement and replacement of equipment shall follow institutional approval and applicable financial and procurement rules.

Students shall not use college sports equipment for unauthorized purposes.

14. Safety, Health, and First Aid

The safety and well-being of students shall be a priority during all sporting activities.

The college shall endeavor to:

1. Provide access to basic first-aid facilities during organized sporting events.
2. Encourage warm-up and cool-down exercises.
3. Ensure appropriate supervision during practice and competitions.
4. Advise students to report injuries, illness, or physical discomfort promptly.
5. Encourage adequate hydration and appropriate rest.
6. Assess weather and field conditions before outdoor events.
7. Refer students requiring medical attention to appropriate healthcare facilities.
8. Obtain parental or guardian consent where required for minors or specific external activities.

Students shall not be compelled to participate in activities that pose an identified and avoidable risk to their health.

15. Inclusion and Equal Opportunity

The college shall promote inclusive participation in sports and games.

- Students shall be encouraged to participate without discrimination on the grounds of gender, caste, religion, disability, economic background, or other legally protected status.
- Suitable opportunities shall be considered for students with disabilities, wherever feasible.
- Separate or appropriate event categories shall be organized in accordance with applicable competition rules.
- The college shall encourage women students to participate actively in sports and leadership roles.
- Any concern relating to discrimination, harassment, bullying, or unfair treatment shall be brought to the notice of the competent college authority.

16. Code of Conduct and Sportsmanship

All students, coaches, and participants shall:

- Respect teammates, opponents, coaches, referees, and organizers.
- Follow the rules of the relevant game and competition.
- Maintain discipline during practice sessions and tournaments.
- Avoid abusive language, violence, harassment, and unsporting behaviour.

- Refrain from cheating, deliberate misconduct, and unauthorized performance-enhancing substances.
- Use sports facilities and equipment responsibly.
- Follow the directions of authorized officials.

Violations shall be addressed in accordance with applicable college rules and principles of fairness.

17. Financial Management

Sports-related expenditure shall be incurred only with appropriate authorization and in accordance with applicable government financial rules.

Permissible expenditure may include:

- Purchase and maintenance of sports equipment.
- Sports uniforms and essential accessories, where approved.
- Entry and registration fees for authorized competitions.
- Travel and accommodation for approved sporting events.
- First-aid supplies and essential event arrangements.
- Trophies, medals, certificates, and approved awards.

All expenditure shall be supported by appropriate bills, vouchers, approvals, and records. Available institutional funds, sanctioned grants, and other permitted sources may be utilized in accordance with applicable rules.

18. Recognition and Incentives

The college shall encourage sporting excellence by recognizing students who demonstrate achievement, commitment, and sportsmanship.

Recognition may include:

- Medals, certificates, trophies, and merit awards.
- Recognition during college functions.
- Appreciation for participation in university and external competitions.
- Recommendation for sports-related benefits, where permitted by applicable rules.

Any financial incentive, scholarship, attendance concession, or other special benefit shall be subject to the relevant regulations, eligibility requirements, and institutional approval.

19. Documentation and Record Maintenance

The Department of Physical Education and Sports Committee shall maintain appropriate records, including:

1. Student sports registration register.
2. Team selection and trial records.
3. Sports attendance and practice records.
4. Sports equipment stock and issue registers.
5. Competition participation and results.
6. Certificates and records of student achievements.
7. Expenditure statements and supporting documents.
8. Photographs and reports of approved sporting activities.
9. Annual sports activity report.

These records shall be made available to the Principal and other competent authorities whenever required.

20. Monitoring and Evaluation

The implementation of the policy shall be reviewed periodically by the Sports Committee under the supervision of the Principal.

Performance indicators may include:

- Number of students participating in sports.
- Number of sports and games conducted.
- Number of inter-class and inter-collegiate events organized.
- Participation in university and external competitions.
- Student achievements and awards.
- Availability and maintenance of equipment.
- Inclusion, safety, and student feedback.

The findings shall be used to improve sports facilities, training arrangements, student participation, and future planning.

21. Grievance Redressal

Students may submit grievances relating to sports selection, access to facilities, safety, discrimination, or competition arrangements to the Physical Education Director or Sports Coordinator.

Unresolved matters shall be referred to the Principal or the appropriate institutional committee. Complaints shall be considered fairly, confidentially where appropriate, and in accordance with applicable rules.

22. Policy Review and Amendments

This policy shall remain applicable for the academic year 2026–2027. It may be reviewed or amended by the competent college authority in response to government orders, university regulations, institutional requirements, safety considerations, or resource availability.

Any amendments shall be communicated to the concerned students, faculty members, and staff.

23. Approval and Implementation

This Sports and Games Policy for the academic year 2026–2027 shall come into effect upon approval by the Principal of SKVT Government Degree College, Rajahmundry.

The Department of Physical Education and Sports Committee shall be responsible for its implementation, monitoring, and reporting, under the supervision of the Principal.

Prepared by:
Department of Physical Education and Sports Committee
SKVT Government Degree College, Rajahmundry

Verified by:
Sports Committee Convener / Physical Education Director

Approved by:
Principal
SKVT Government Degree College, Rajahmundry

Date of Approval: 1.7.2026



Official Seal: